# Albert Park Yacht Club CitySail Sailing Instructions 2024 SUPPLEMENTARY SAILING INSTRUCTIONS (SSI)

Races will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and the Australian Sailing (AS) Special Regulations, 2021-2024 Special Regulations Part 2 Off the beach boats.

### 1 . RULES

- **SSI 1.1** It is a Club safety requirement that all sailors wear adequate covered footwear.
- **SSI 1.2** It is a requirement that the skipper of dual person boats must be the principal sailor handling the tiller and main sheet (refer RRS Rule 2).

# 2. NOTICES TO COMPETITORS

**SSI 2**The race office is located at the host club's tower.

# 3. CHANGES TO SAILING INSTRUCTIONS

**SSI 3** Any change to the sailing instructions will be posted one hour before effect on the day it will take effect.

# 4. SIGNALS MADE ASHORE

- **SSI 4.1** Signals ashore will be displayed on the flagstaff of the club.
- **SSI 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP, this changes Race Signal "AP".

### **5. RACE START TIME**

**SSI 5** The first divisional start for regatta races will be scheduled according to the CitySail program posted on Regatta Notice of Race.

# 6. DIVISIONS

**SSI 6** Assignment of classes to divisions and the flag will be displayed on the course board.

### 7. COURSES

- **SSI 7.1** The courses to be sailed will be described on the course board.
- **SSI 7.2** The order of mark roundings is determined by the position of the start boat, the first mark to windward at the warning signal for the first start, and the indicated course direction (in accordance with SSI 9).

### 8. MARKS

**SSI 8** The marks to be used will be described on the course board.

# 9. THE START

- **SSI 9.1** To alert boats to the direction of the course (port or starboard mark rounding), a red or green flag will be displayed not less than 2 minutes before the first warning.
- **SSI 9.2** The warning signal will be made 3 minutes before the starting signal. This changes RRS 26.

- **SSI 9.3** When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area.
- **SSI 9.4** A boat starting later than six minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

# 10. RECALLS

**SSI 10** Rule 29.2 is amended to state that the warning signal for the first recalled Division will be displayed at the start of the last Division, except when there are no other Divisions to start. The warning signal of subsequently recalled Divisions may be displayed at the start of the preceding recalled Division.

# 11. SHORTENING COURSE

- **SSI 11.1** Rule 32.2 is amended to include that a boat which has not sailed the same course as the first boat, shall complete the same course before finishing.
- **SSI 11.2** If the race committee signals a shortened course to home (displaying flag S over H with two sounds), boats shall round the mark on the required side and the finish line shall be the original finish line specified on the course board. A boat which has not sailed the same course as the first boat, shall complete the same course before finishing.

# 12. OUTSIDE HELP

**SSI 12** A boat can receive assistance from a rescue craft in the event of a capsize or for safety reasons and then continue to compete in the race [DP]. This changes RRS 41.

### 13. THE FINISH

- **SSI 13.1** The finishing line will be described on the course board.
- **SSI 13.2** The race committee may finish a boat within a fleet at or near a mark so that other scheduled races can be sailed. The race committee may not finish a boat in accordance with this clause prior to the first boat in their division finishing. A boat so finished will receive points equal to the position occupied at the time the boat was finished. This changes rules 35, A4 and A5.

# 14. TIME LIMITS

# SSI 14.1

For each	Race Time Limit	Finishing Window
division	(the time limit for the first	(the time for subsequent
	boat in that division to sail	boats to finish, after the
	the course and finish, after	first boat in that division
	the starting signal for that	sails the course and
	boat's division)	finishes)
Long		
Course	120 Minutes	30 minutes
racing		
Short		
Course	60 minutes	15 minutes
racing		

- **SSI 14.2** The Race Officer may determine shorter or longer Race Time Limits and Finishing Windows, and if so, these amended times shall be described on the course board.
- **SSI 14.3** There is no prescribed time limit for the first boat to pass mark 1.

### 15. SAFETY REGULATIONS

- **SSI 15.1** For each race session, yachts intending to race shall 'Sign-on' by signing the race sign- on form no later than 15 minutes prior to the 1st warning signal. Yachts shall sign off within 30 minutes of the last boat's finishing time.
- **SSI 15.2** At the discretion of the race committee, boats that fail to sign on and/or sign off may be scored the appropriate scoring penalty (DNS, DNF) without a hearing. This changes rules 35, A4 and A5.
- **SSI 15.3** A boat that retires from a race shall notify the race committee as soon as possible. [DP]